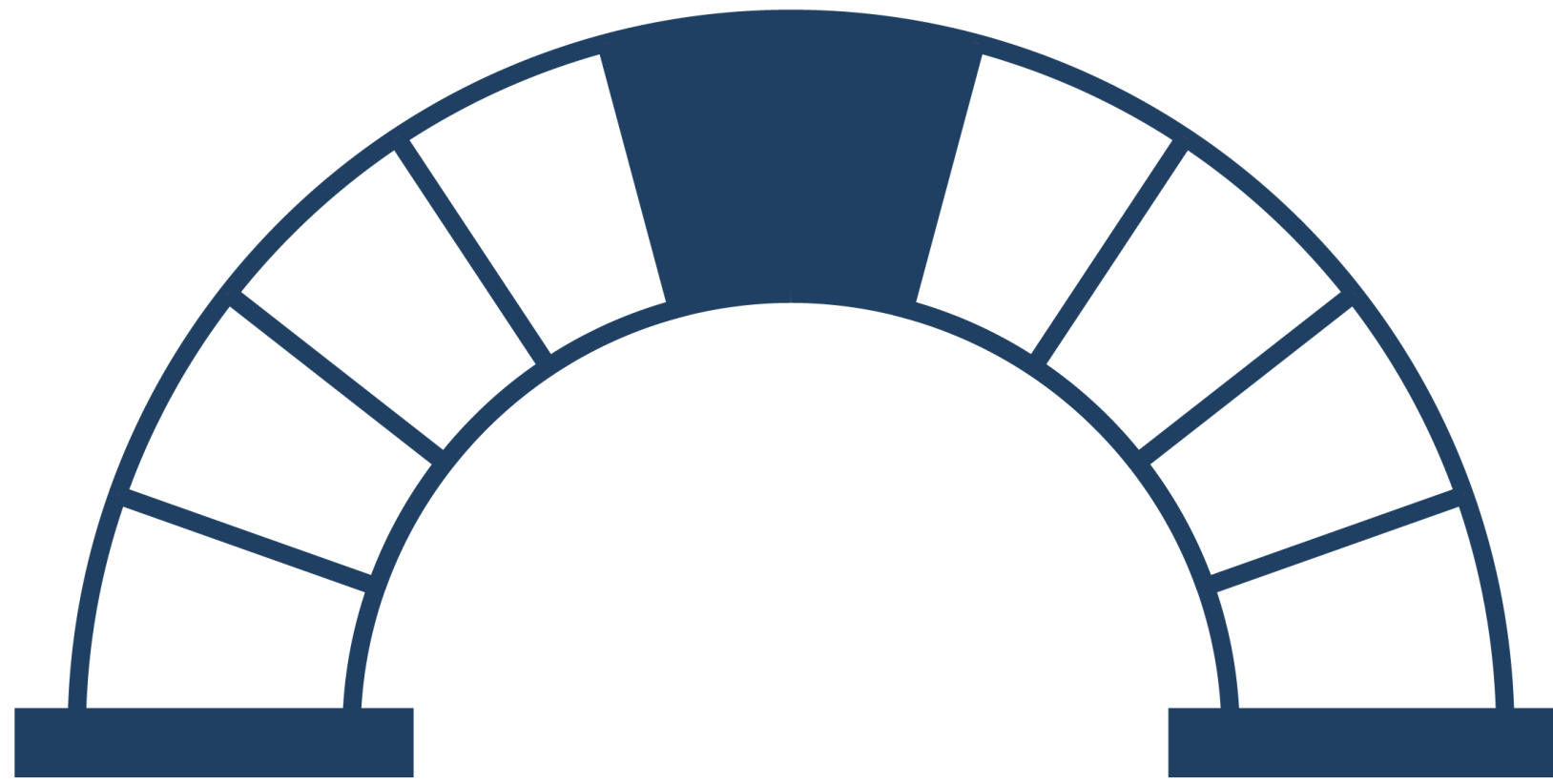


# THE ARCH

A Framework for Leadership and life



*Your life is an arch. Build it strong for yourself and for those you lead.*

## ABOUT ABUTMENTS

Abutments shield you from external tensions.

Abutments are people who have built their own lives into a strong and healthy arch.

Abutments are not perfect and without blemish. Rather, they are people who freely choose to place meaning on their past failures and adversities.

Abutments are committed to the protection and support of others.

Abutments must be healthy role models, who are also positive and encouraging.

Give your abutments permission to speak up or step in whenever they see external tensions tempting you and weakening your life.

These relationships do not just naturally happen. You must seek them out and cultivate them.

Never assume your abutments know how significant they are to you. They are not mind readers. You must tell them.

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BREAKING THE CHAIN  
CONSULTING